

Good stuff to remember...

by Pam Belding

*“It's good to be doin' what I'm supposed to be doin' with the people I'm doin'
it with...”*

(repeat as necessary)

*“Just coz I don't know now, doesn't mean I won't know then,
Just coz I don't know how, doesn't mean I won't know when.”*

(repeat as necessary)

Stretch Prayer

*“Stay open to the balance of energies and show patience for time to do it's
work.”*

Embrace the place where life happens.

By recognizing graciousness, kindness, generosity and bravery....

*We discover the power to create a better future is contained in the present
moment.”*